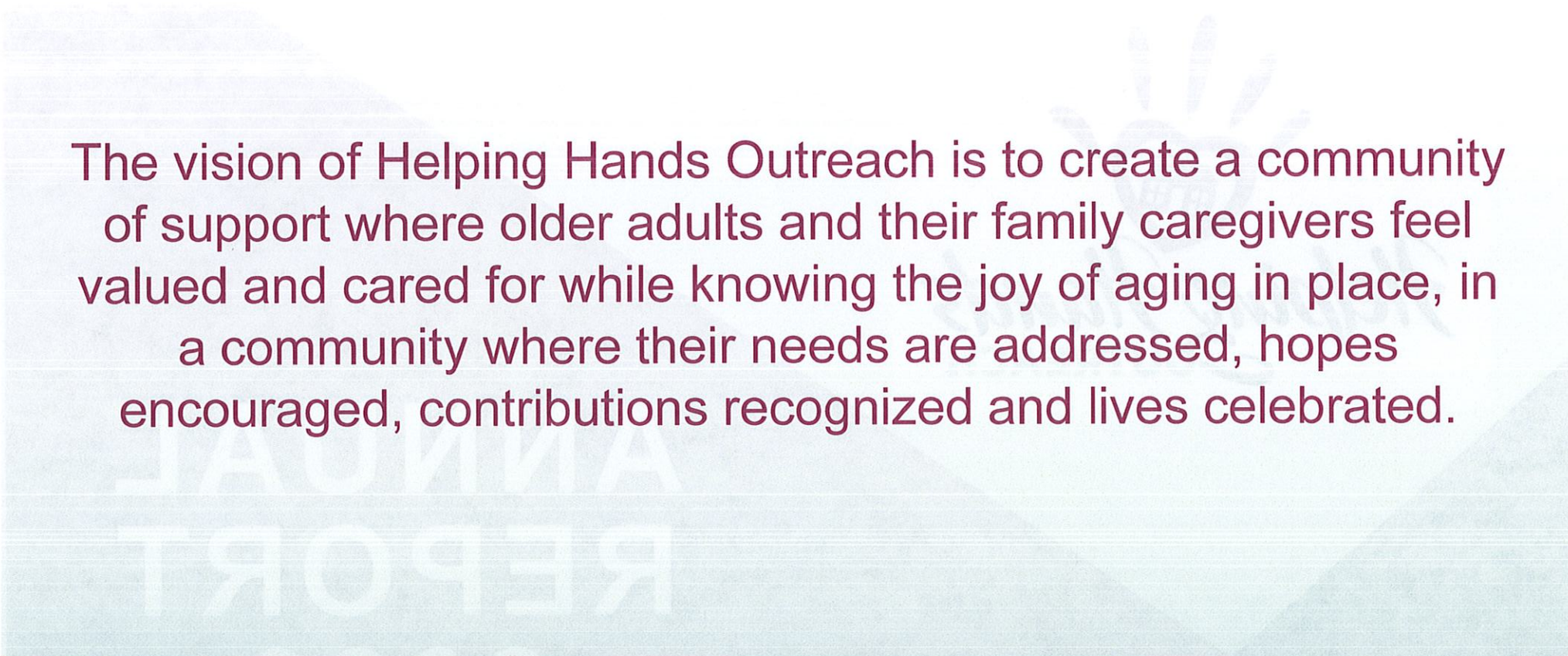




# ANNUAL REPORT 2026



The vision of Helping Hands Outreach is to create a community of support where older adults and their family caregivers feel valued and cared for while knowing the joy of aging in place, in a community where their needs are addressed, hopes encouraged, contributions recognized and lives celebrated.

***OUR VISION***

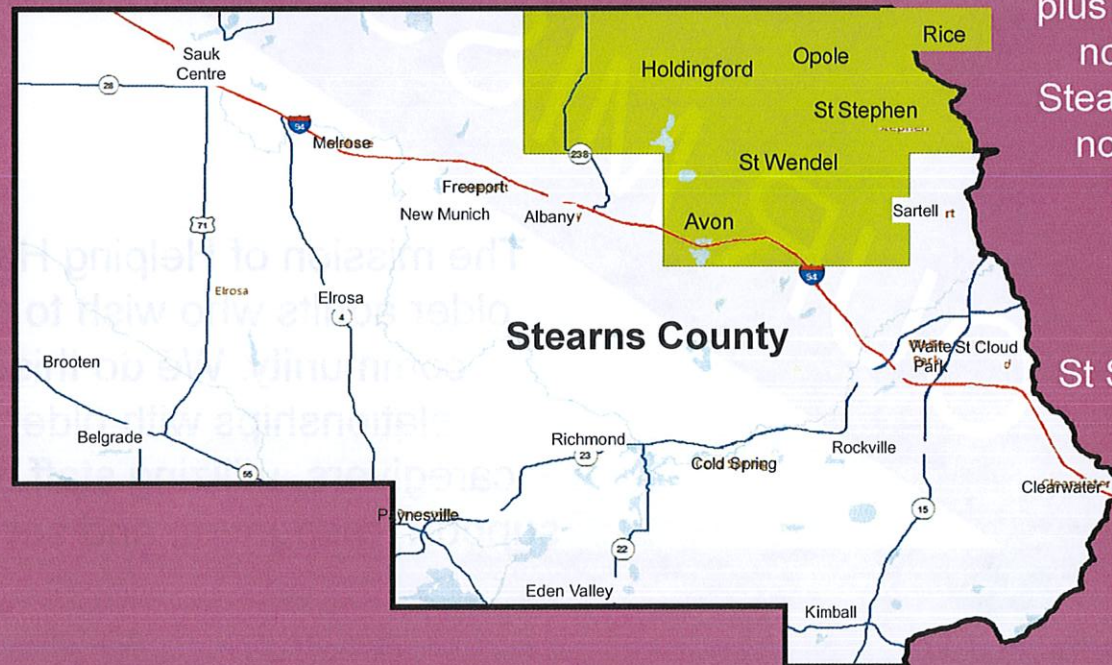
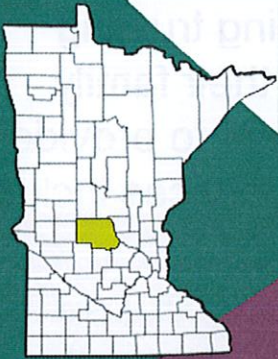
# OUR MISSION

The mission of Helping Hands Outreach is to assist older adults who wish to remain in their home and community. We do this by developing trusting relationships with older adults and their family caregivers, utilizing staff and volunteers to provide support, resources, and services. Our services include transportation, homemaking, chore assistance, nutritional support, socialization opportunities, aid to improve strength and mobility, and caregiver assistance and respite. With great care we will create a community of support.

## HOME AND COMMUNITY BASED SERVICES

Helping Hands Outreach

### Service Area



Our Service area is 200 plus square miles of the northeast corner of Stearns County and the northwest corner of Benton County around the communities of Holdingford, St Stephen, and Rice



Helping over 10,000 older adults across Minnesota a year

Helping Hands Outreach is a member of the Living at Home Network which includes 32 locally run programs that use a neighbor helping neighbor approach to draw volunteers and other resources from the community to help older adults live at home by staying healthy, safe and connected to their community.

### Meals

226 individuals  
3352 meals

Coffee &  
Conversation

Exercise  
Classes

Books &  
Movie Library

Cards  
500 &  
Cribbage

Christmas  
Cheer

### Homemaking

33 individuals  
717 hours of Service

Group Volunteer  
Opportunities

Friendly  
Visits

Chores

Puzzle  
Library

Caregiver  
Support

Coffee  
Cakes

Game Day

Nu-Step

Senior  
Drivers ED

Respite

### Rides

24 individuals  
465 1 way rides

Telephone  
Reassurance

Dementia  
Library

Foot Clinic

Equipment  
Lending

Holdingford Daze  
Bake Sale  
Bingo

## HOME AND COMMUNITY BASED SERVICES

Helping Hands Outreach



July 2025 - June 2026

Served 335  
Clients

64 New  
Clients

9543 Service  
Hours

95 Volunteers

6 New  
Volunteers

2108  
Volunteer  
Hours



Helping over 10,000 older adults across Minnesota a year

Helping Hands Outreach is a member of the Living at Home Network which includes 32 locally run programs that use a neighbor helping neighbor approach to draw volunteers and other resources from the community to help older adults live at home by staying healthy, safe and connected to their community.

All Statistics are from 7/1/2019 – 6/30/2020

# 3 YEAR COMPARISONS

■ 2024

July 1, 2023 – June 30, 2024

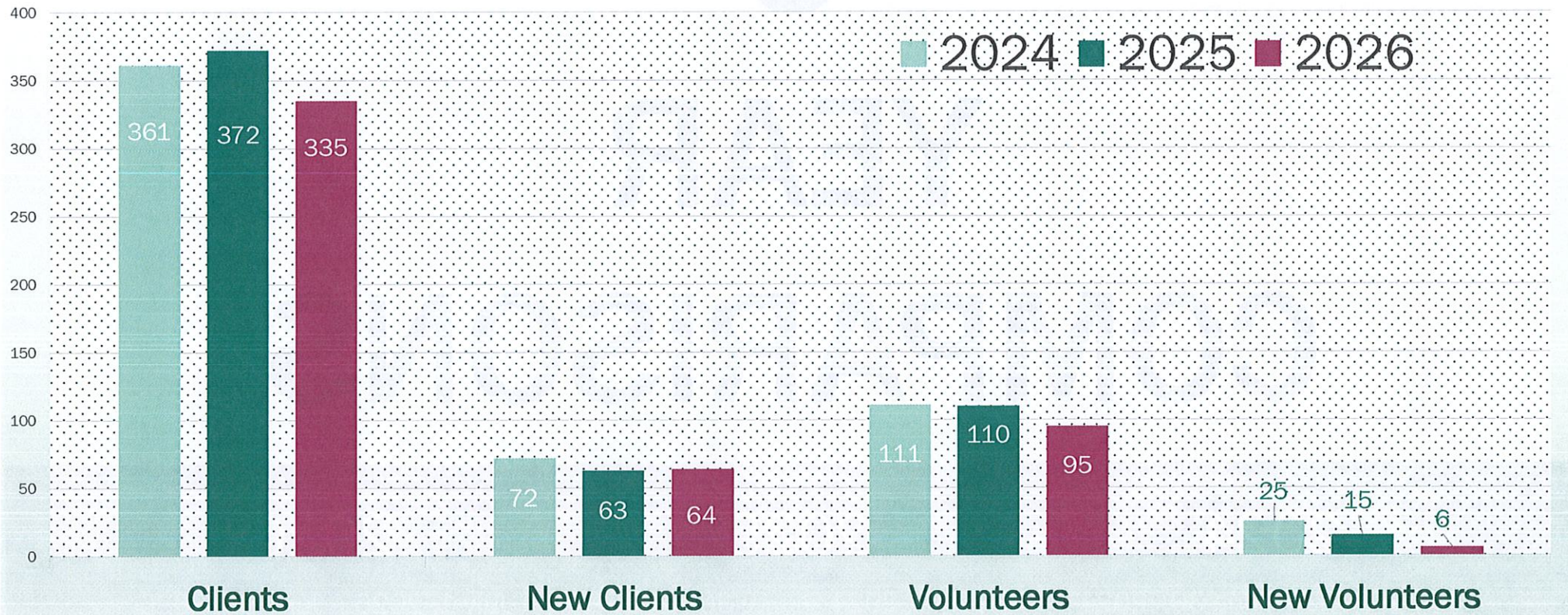
■ 2025

July 1, 2024 – June 30, 2025

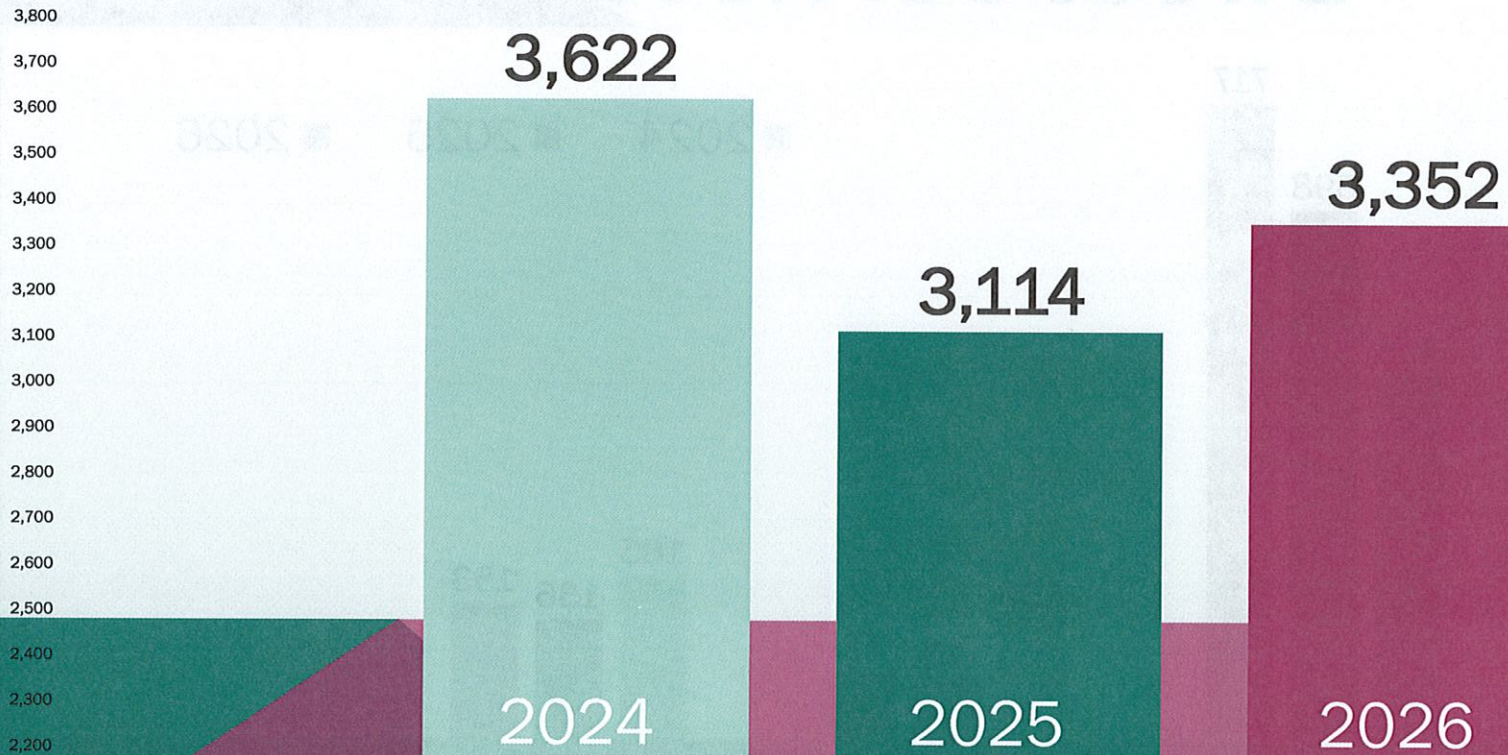
■ 2026

July 1, 2025 – June 30, 2026

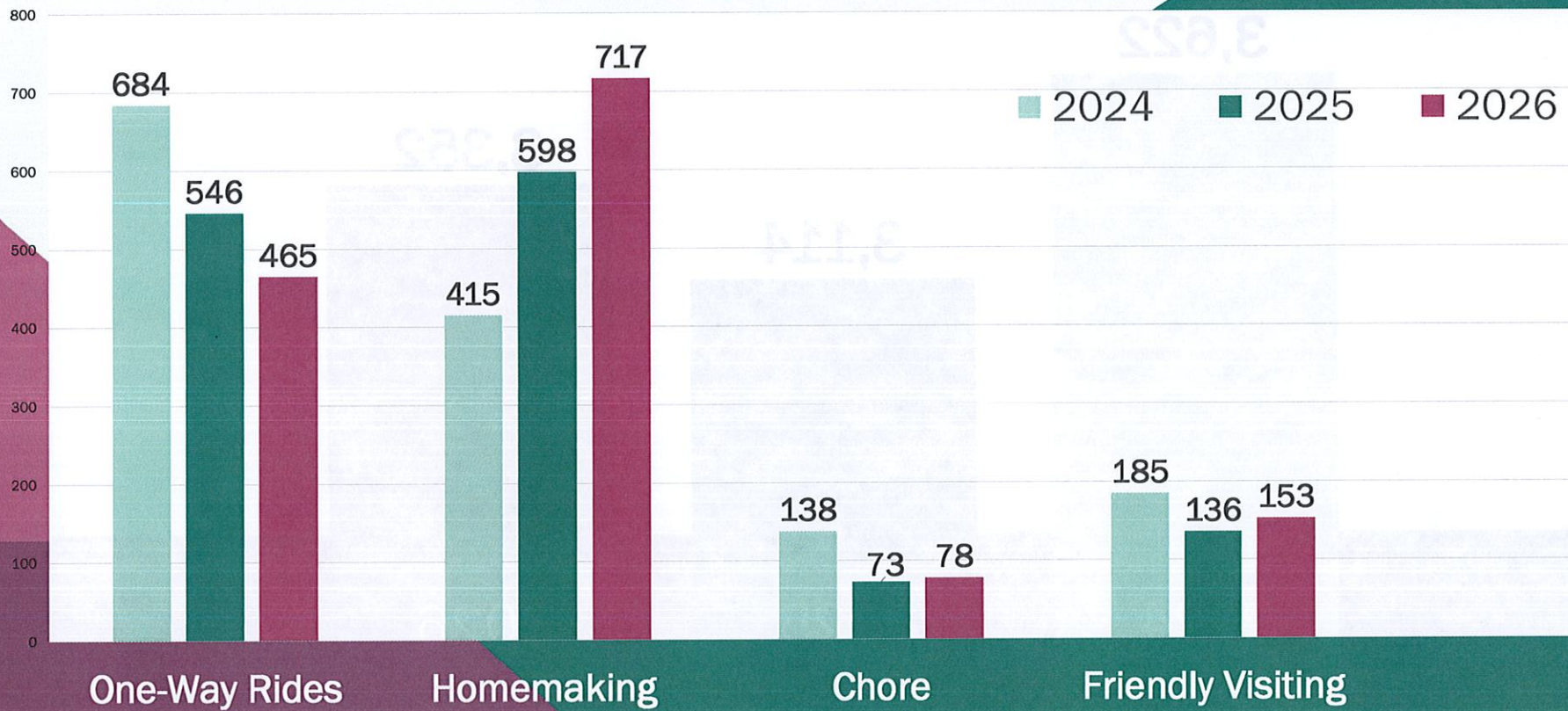
# CLIENTS & VOLUNTEERS



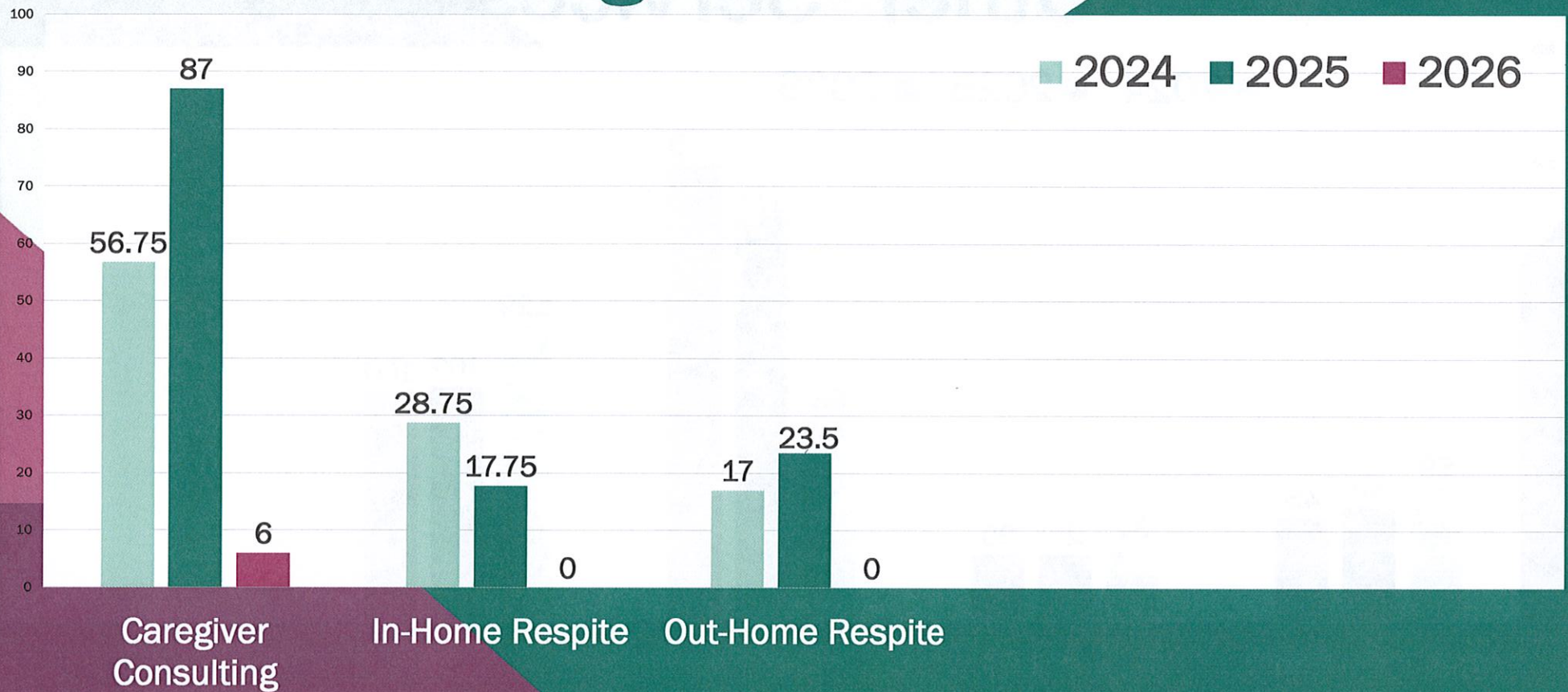
# MEALS



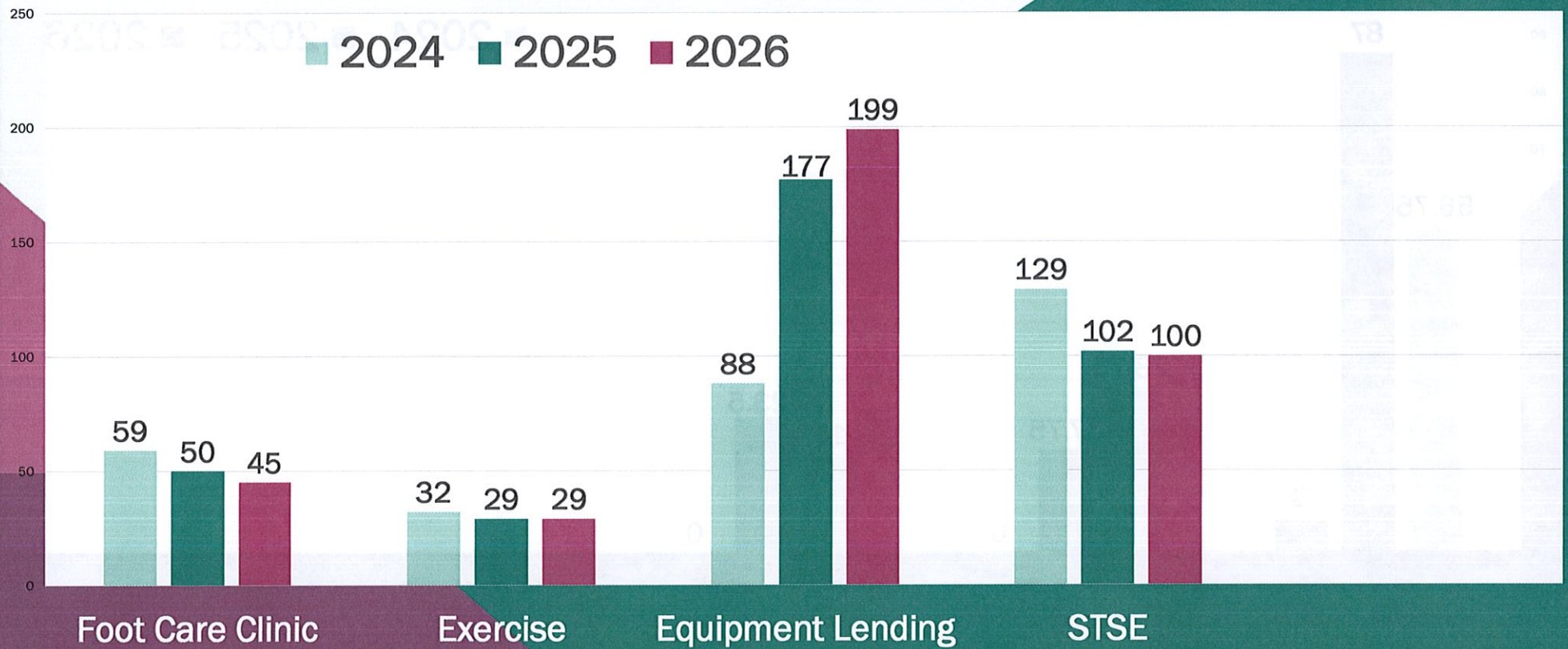
# Direct Services



# Caregiver Services



# Other Services

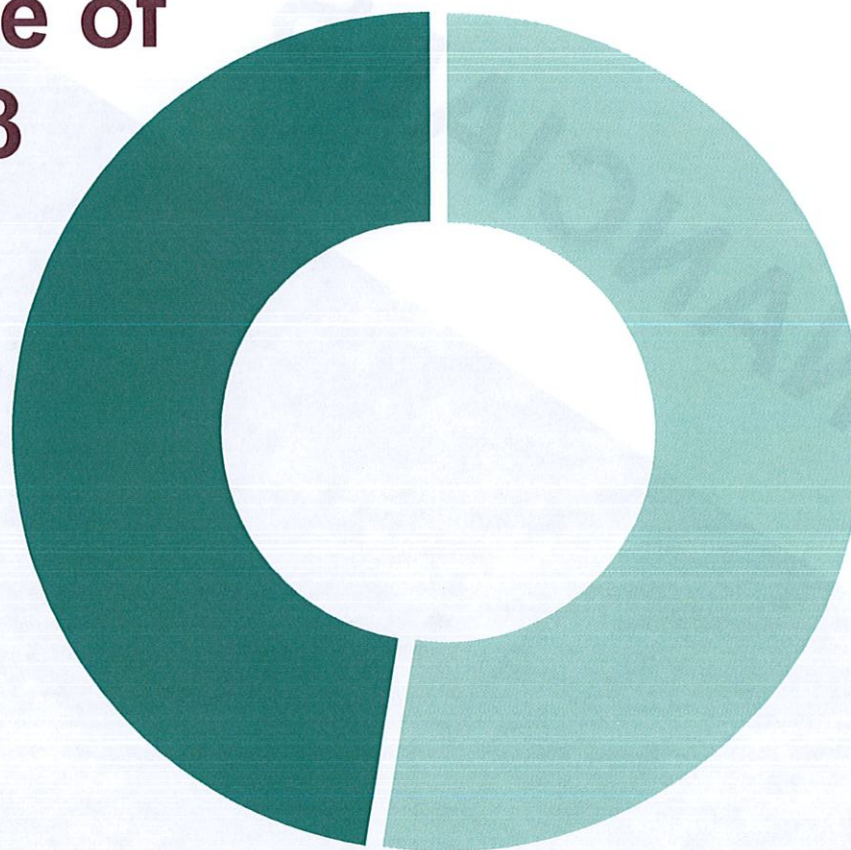


# FINANCIALS

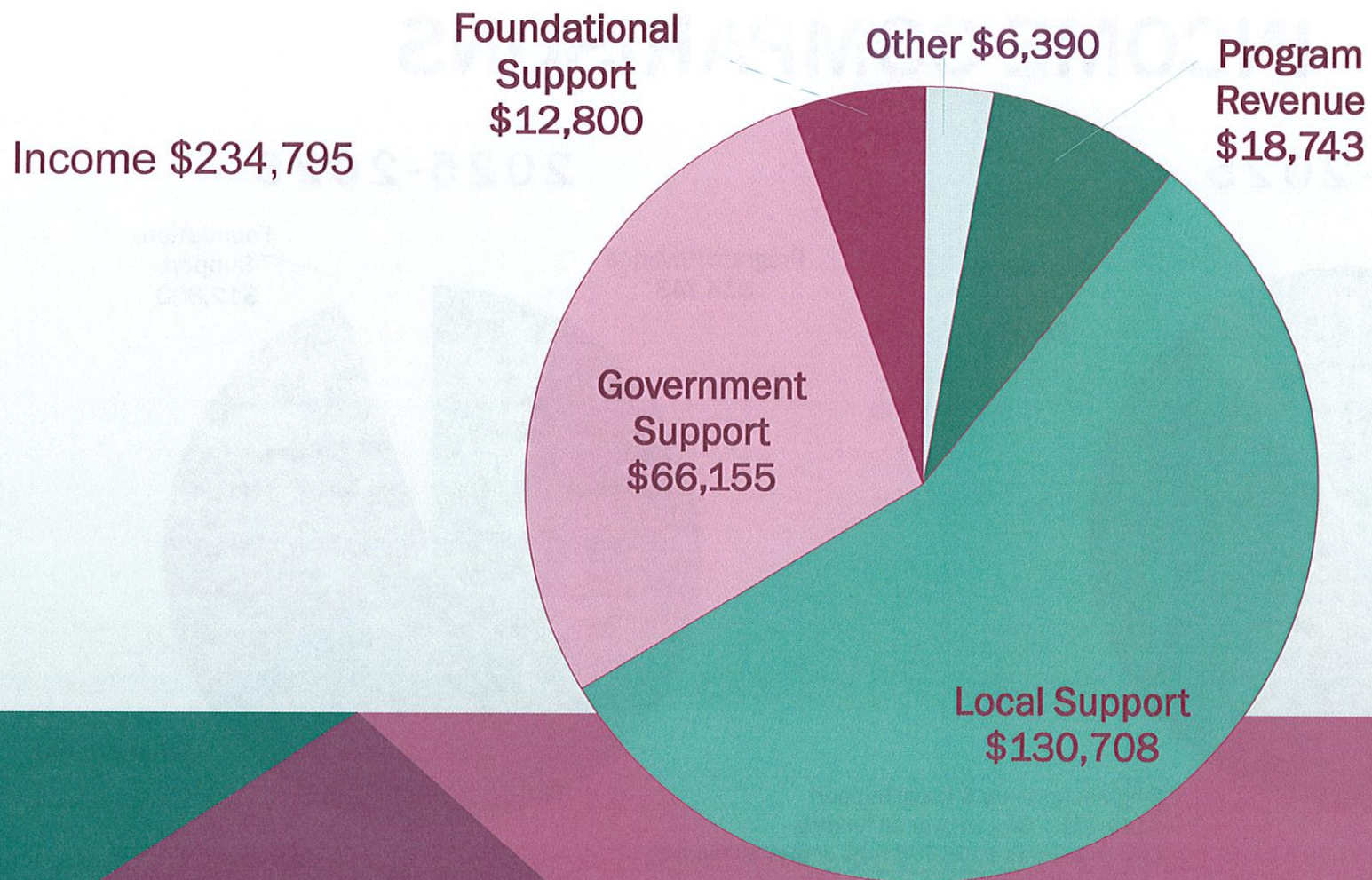
The background features a large teal triangle on the right side, pointing towards the top right. On the left side, there are two overlapping maroon shapes: a smaller triangle pointing towards the bottom left, and a larger, more complex shape behind it. The word "FINANCIALS" is written in a bold, black, sans-serif font, slanted upwards from left to right, positioned across the white space between the teal and maroon shapes.

# Net Income of \$22,663

Expenses, \$212,132

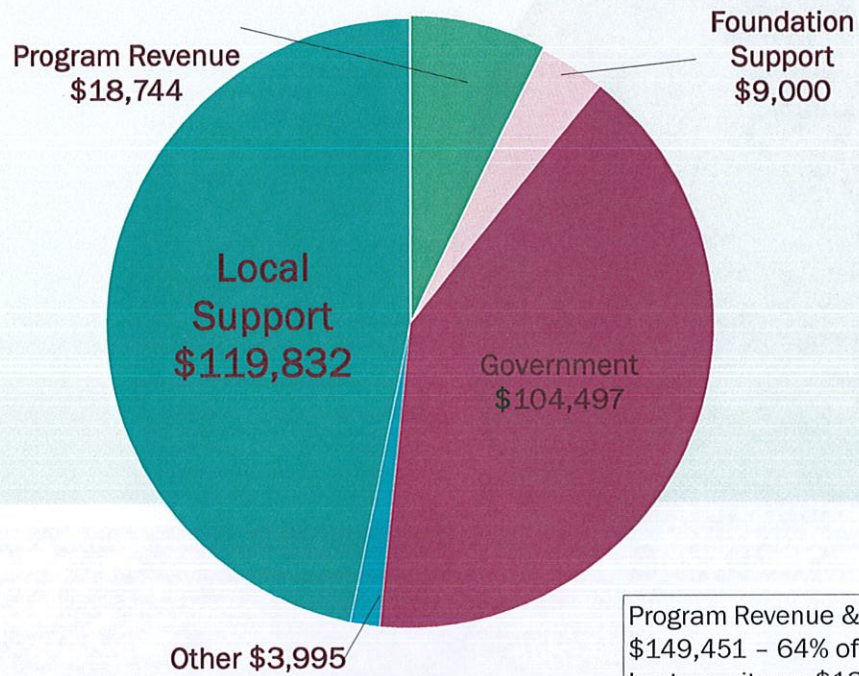


Income, \$234,795

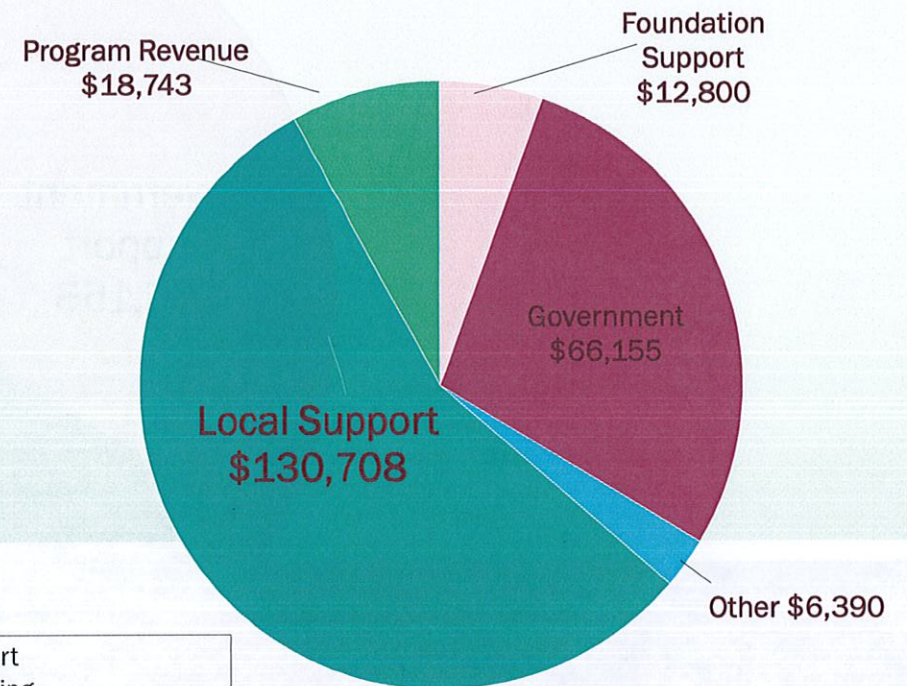


# INCOME COMPARISONS

2024-2025

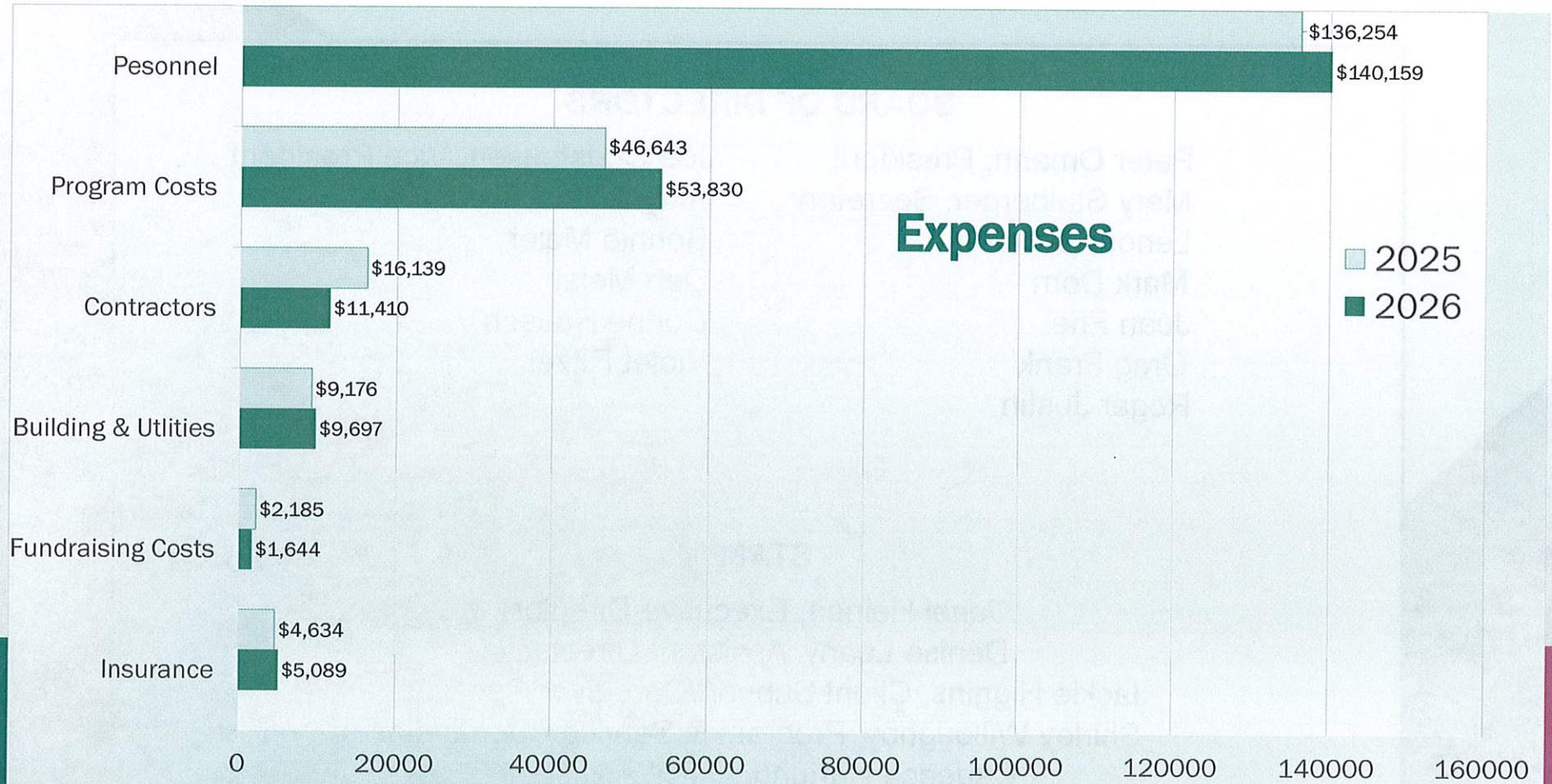


2025-2026



Program Revenue & Local Support  
\$149,451 - 64% of over all funding  
Last year it was \$138,576 54% of over all funding.

## Expenses



## **BOARD OF DIRECTORS**

Peter Omann, President  
Mary Stalberger, Secretary  
Lenore Dawson  
Mark Dorn  
Joan Frie  
Greg Frank  
Roger Justin

Joe Christensen, Vice President  
Judy Bolton, Treasurer  
Bonnie Meier  
Deb Meier  
Dorine Rausch  
Violet Ritzer

## **STAFF**

Janel Heinen, Executive Director  
Denise Leahy, Assistant Director  
Jackie Higgins, Client Support/Caregiver Consultant  
Shirley Willoughby, Program & Service Coordinator  
Cadence Hartung, Office Assistant  
Linda Schlichting, Crystal Hartung, House Cleaning

Thank you for supporting  
Helping Hands Outreach



